## BURNOUT

## leading many physicians to reduce workload

MD Analytics asked 159 American physicians (50 General Practitioners and 109 Specialists) about the impact of their workloads on their personal and professional lives, as well as their anticipated workload changes.





75% of physicians report being more tired or burned out than they were before the pandemic.

Comparing before Better Worse Same the pandemic to now: My quality of life at work 45% 16% 39% My level of professional 42% 11% 47% fulfillment My ability to maintain a 41% 41% 18% good work-life balance My ability to engage 38% 46% 16%

33%

1 in 4
physicians
reduced their workload in the
past two years.

with Pharma

My mental health



53%

14%

While many physicians have reduced their workloads in the past few years, a return to normal is expected soon.

