

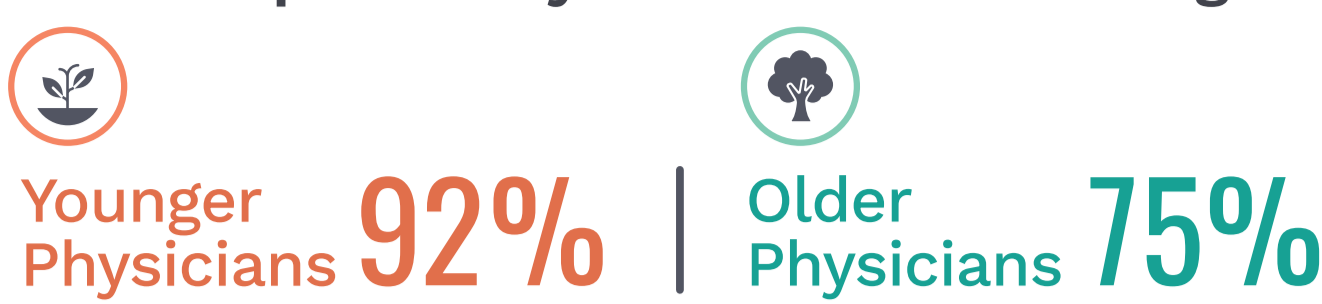
According to our recent research, specialists have experienced higher levels of burnout and a lower quality of work life in the past 12 months compared to pre-pandemic times.

See this infographic for more details



When examining the data by age, it became evident that younger specialists may be more adversely affected.

My ability to provide optimal care has been impacted by recent staff shortages:



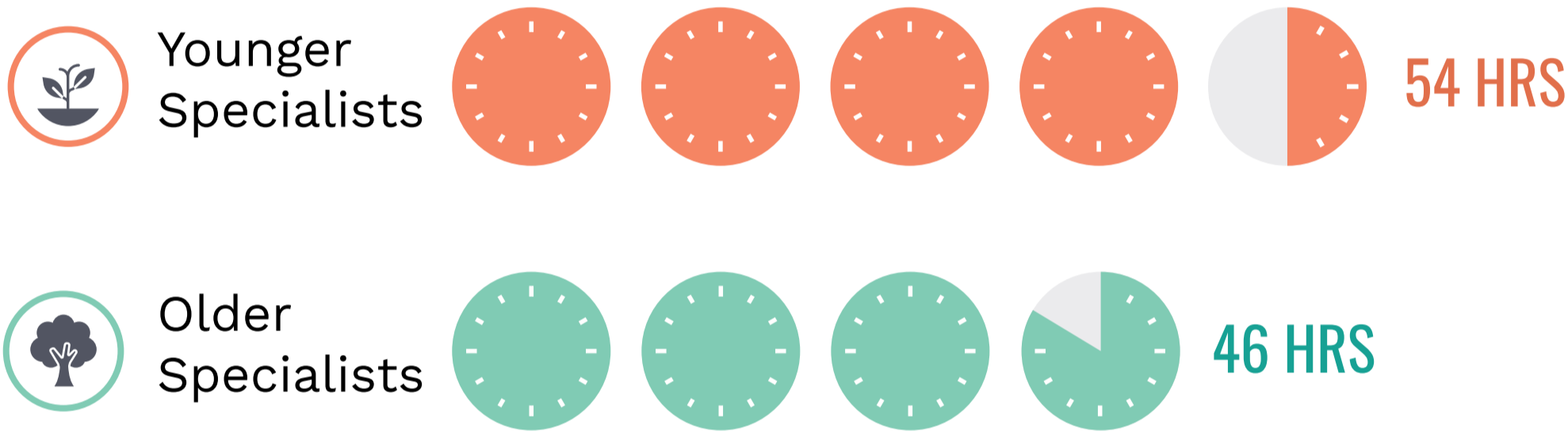
To gain a better understanding of how younger and older specialists differ in their perceptions and practices, let's delve into the findings of our new study:

“TIME,”

Top challenge to optimal patient care say younger physician specialists



Number of Hours Worked in a Typical Week

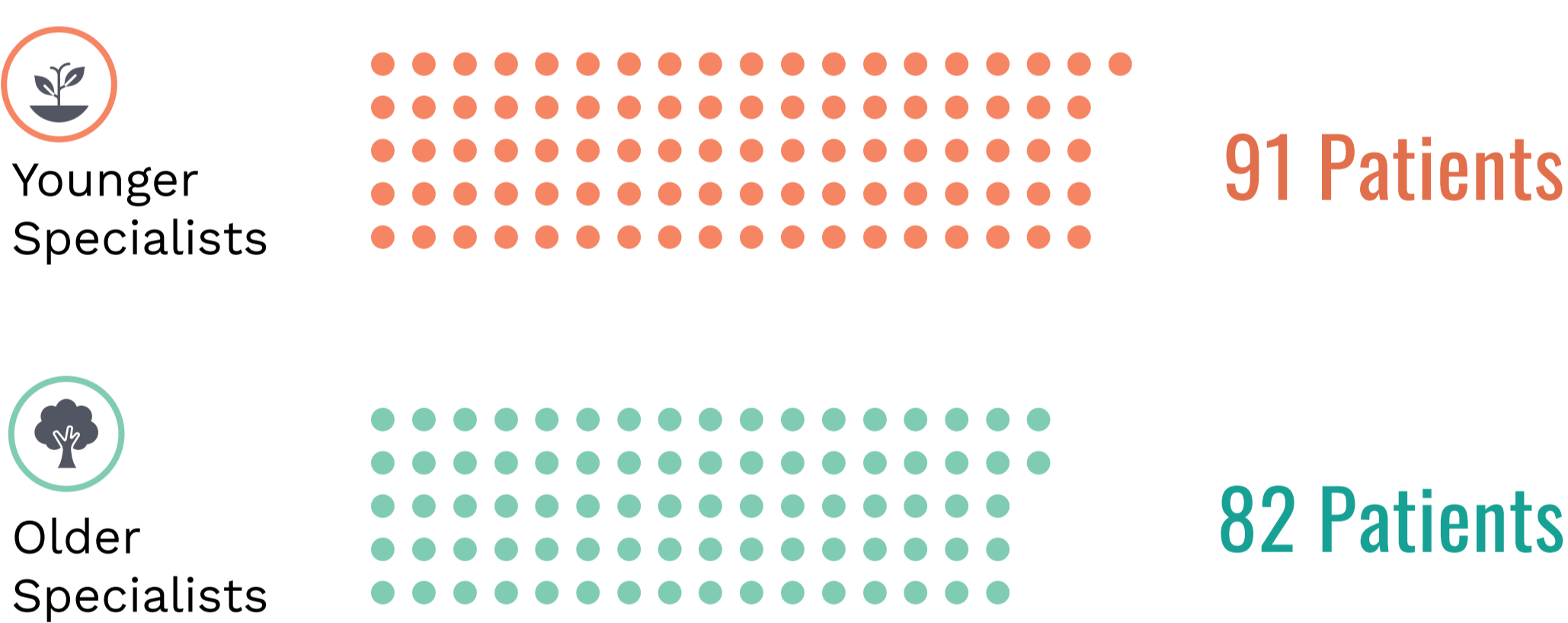


On average, younger specialists say they work an additional **+8 HRS per week** compared to their older counterparts and may see more patients.

Patient Volume in a Typical Week

of patients

● = 1 Patient

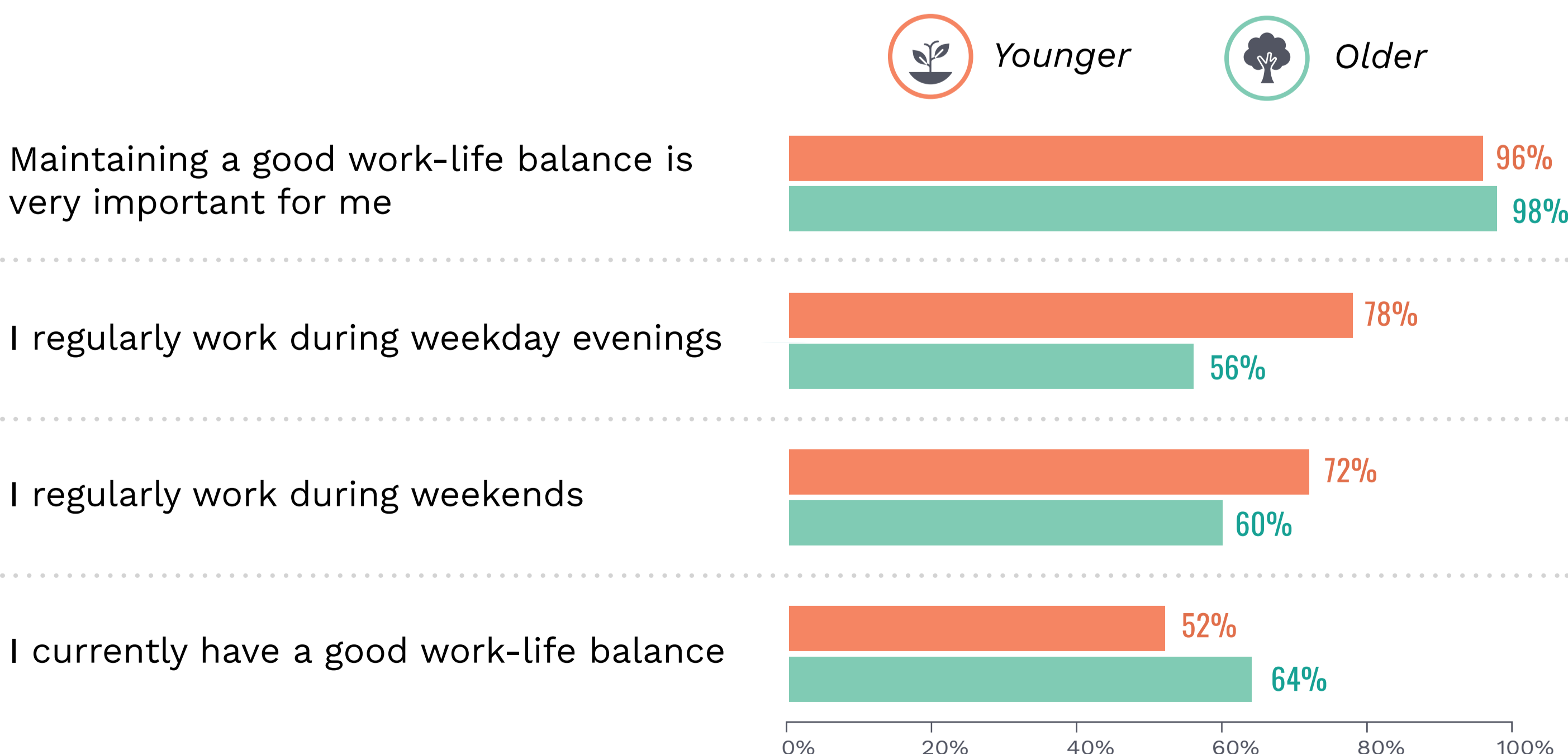


Two-thirds of younger specialists

are more likely to say a top challenge in their day-to-day practice is **“not having enough time to optimally help patients”**.



While generations do not differ in terms of their desire for work-life balance, younger specialists are directionally less likely to say they have balance, and are more likely to agree they regularly work weekday evenings.



Data based on survey of n=100 Canadian Specialists, March 2023.

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